



**Welcome to the third issue of *The Pantry Window*.**



Here it is the middle of June. Summer is knocking at our door. Hard to believe! Weather wise though, it depends on the day! We have had our share of both hot and cool days.

Thinking about summer makes me think of summer gardens and fresh produce. Many of you our Weymouth neighbors have beautiful gardens filled with flowers, shrubs and best of all fresh vegetables. We at the Food Pantry love to give fresh produce to our neighbors in need: tomatoes, cucumbers, peppers,

eggplants, spinach. These are just a sampling of the things we have had donated in the past from our local gardeners?

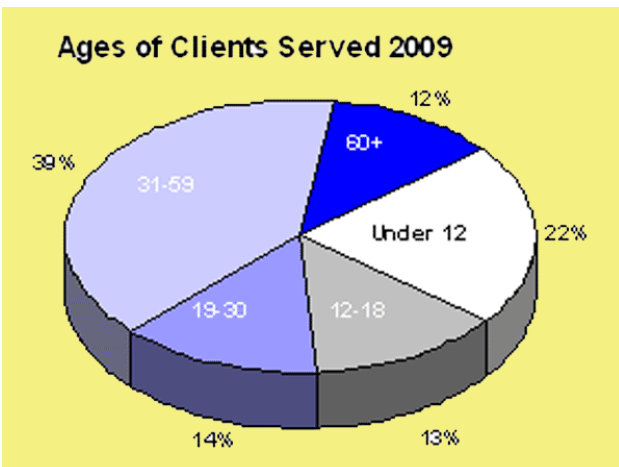
If any of you, "Friends of the Weymouth Food Pantry" find you have an abundance of produce, bring it over. We would love to share it on your behalf with those we serve at the Pantry. And better yet, if you have the space, how about planting an extra row of tomatoes, cucumbers or whatever you love to grow.

This may sound a little corny (and yes, we would love to receive a donation of fresh corn) but "**hunger does not take a summer vacation**".

*Pat Adams*, Director

**\$O\$ Walk Sponsors:** This year's walk will take place on Saturday, October 2<sup>nd</sup>. In the very near future, our first mailing will go out to Weymouth businesses seeking their support as sponsors for this annual fund-raiser. If you have a business and would like to be a sponsor, just let us know. Additional information is available on our website.

**Who Do We Serve ???**



This chart shows the percentages of the various age groups served in 2009. If you would like to see other statistics regarding our clients and how we serve them, follow the links under "ABOUT Us" on our website.



**Harvey Welch is our "Go-To" guy**

when it comes to inventories. Harvey keeps a continuous close watch on our various commodities to assure we always have appropriate stock levels. This enables us to place orders for those items where donations have not met demand. In this way, we



can consistently provide the nutritious food our clients need. No job is too much for Harvey. Practically single-handedly, he made custom sized pallets to keep our inventories off the floors as required by health regulations. He's always restocking the Pantry shelves when they need it, and when he runs out of urgent tasks, you'll see him pick up a broom and sweep. And he does all this with a great positive attitude that nothing is too much work, and anything that other volunteers do is worthy of his thanks. Well, thanks to you Harvey. What would we do without you?

**NALC Food Drive:**

The 2010 National Association of Letter Carrier's "Stamp Out Hunger" Food Drive on May 4<sup>th</sup> was another great success. This year, the generous Weymouth community donated more than 9,000 pounds of food to the Food Pantry by way of this drive. Our thanks go out to all of the letter carriers of Weymouth who made this possible and to all the people who made donations. We are also thankful to the Food Pantry volunteers who worked so hard on that rainy Saturday . . . . (Continued on Page 2.)



## Stamp Out Hunger 2010

(continued)



bringing the food into the Pantry and to members of the confirmation class of Immaculate Conception parish who worked so diligently sorting the food as it was received. We also had sorting and date-checking assistance from a small group of volunteers called "Spirit of State Street", retired State Street employees who assist various non-profit organizations on an as needed basis. All those helping hands made the job so much easier. These donations will help us maintain our inventories and have a wide variety of food available for our clients through the summer months when individual donations are typically smaller.

### Bill Begley – Volunteer of the Year

The Weymouth League Women Voters named Weymouth Food Pantry volunteer Bill Begley as their "Volunteer of the Year". Bill actively volunteers for a number of organizations and was a well deserved recipient of this year's award made on May 29<sup>th</sup> at the League's recognition dinner. Thanks, Bill, for all you have done for us over the years.

### St. Albert's = Great Food Drive.

Thanks to all the parishioners of St. Albert the Great parish who so generously donated over 52 banana boxes of food and personal items as a result of their recent food drive. This is an even more significant donation as St. Albert's regularly collects food for the Pantry on a weekly basis.



### Nancy Marrapese-Burrell makes her goal:

As mentioned in an earlier newsletter, Nancy had a goal of raising \$5,000 for the Weymouth Food Pantry over a period of several months. Well, we are happy to say, she made it! With the help of a lot of people at meat raffles, a karaoke contest and other raffles, Nancy, aided by her friend, Charlie Clancy raised an astounding \$10,000 divided between the Food Pantry and CarePacks, Inc., a South Weymouth volunteer organization that sends "Care Packages" to US forces. In a brief ceremony at the Pantry, Charlie Clancy was presented with Food Pantry T shirts as our recognition of this successful fund raising effort.



### Taste-of-Weymouth Benefits Food Pantry

The East Weymouth Neighborhood Association sponsored its second annual Taste-of-Weymouth evening on April 29<sup>th</sup> at the Weymouth High School Gold Cafeteria. This well attended event showcased many Weymouth restaurants that encouraged attendees to patronize them by offering delicious sample-sized portions of their signature dishes. In addition, several local merchants raffled off products or gift certificates with the proceeds also going to the Food Pantry. The evening resulted in a \$4,000 donation as well as several cartons of food for the Weymouth Food Pantry.

**Part-time Volunteers** On the last Thursday of the month for the past several months, we've had the pleasure of



having two additional volunteers at the Food Pantry. Tresa VanHeusen, from upstate New York, and Therese Touma, from Sydney,

Australia, are postulants entering religious life with the Maronite Servants of Christ the Light, and are currently living at the Immaculate Conception parish convent. By working at the Pantry they help with the needs of their adopted community.

### Weymouth Rotary Club has Renewed its \$5,000 Grant

for the second year providing our clients fresh fruit for approximately seven months. Rob Lynch, Rotary President (left) and Bob Pineau, Rotary President Elect (right) presented the check to Gael Sullivan and Pat Adams.



### Adopt-A-Month

Almost every school in Weymouth (both public and private) adopted a month to collect food for the Pantry this past school year. A typical donation from a school varied from about 500 pounds to 1500 pounds depending on the individual school enrolment. In addition to the Adopt-A-Month program Weymouth High School conducted food drives at Halloween and Christmas, and was very, very generous with its donations. Both St. Francis and St. Jerome's Schools conducted continual year-round collections for the Food Pantry.

### Computerized Records

Our client records are now computerized. Angie Iaria, one of our volunteers, created a program as well as conducted training on five new lap-top computers for our interviewers so that client visits to the Food Pantry are now recorded in a database. This will make improved service for our clients and provide us simpler and more accurate data for the various statistical reports we create.

### Future issues of The Pantry Window?

No need to read a borrowed copy of this newsletter, it's available on-line. On our web site you can also sign up to have copy emailed to you. Just click on NEWSLETTER.



Operating Hours:  
Tuesdays & Thursdays  
9am-11:30am  
Last Thursday of Month  
4pm-6pm  
1189 Commercial Street  
East Weymouth  
(781) 331-7682

### Did you know?

You can donate to the Weymouth Food Pantry on line using a credit card or debiting your bank account. Just go to our website and click on the "DONATE" tab at the upper right. It's simple, easy and **secure**.

**Thanks for your Support**